

# **Salud Healdsburg!**

Healdsburg Services Resource Guide

Summer 2016

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*City of Healdsburg*

401 Grove St. Healdsburg (707) 431-3317 [www.ci.healdsburg.ca.us](http://www.ci.healdsburg.ca.us)

Contact: Raina Allan

*Services Provided By:*

- Alliance Medical Center
- North Sonoma County Services
- St. Paul's Episcopal Church
- St. John the Baptist Catholic Church- St. Vincent De Paul Society
- Trinity Baptist Church
- Healdsburg District Hospital
- Healdsburg Food Pantry
- Lytton Springs Salvation Army Rehab Center
- Healdsburg Community Church

*Food and Nutrition Programs:*

- Healdsburg Food Pantry
- Trinity Baptist Church Food Pantry

*Hot Meals:*

- St. Paul's Episcopal Church
- St. John The Baptist Catholic Church-St. Vincent De Paul Society

*Medical and Support Services:*

- Alliance Medical Center & In=House Pharmacy

*Mammogram Screening:*

- Healdsburg District Hospital

*Alcohol Rehabilitation:*

- Rehabilitation Center of the Salvation Army

*Narcotics Anonymous:*

- Healdsburg Community Church

*Al Anon:*

- Healdsburg Community Church

*Housing Programs and Personal Services:*

- *Transitional Housing:* North Sonoma County Services
- *Showers:* St. Paul's Episcopal Church
- *Abuse Prevention/Counseling:* Verity & YMCA

*City of Healdsburg Community Services*

1557 Healdsburg Ave. Healdsburg (707) 431-3301 [www.cityofhealdsburg.org](http://www.cityofhealdsburg.org)

Contact: Mark Themig

- Offers financial assistance for all recreational programs to low income families
- "Vamos a Nadar" – Swim lessons for children and water safety for adults at a reduced price through Sonoma County Regional Parks Program

*California Human Development*

405 Grove St. Healdsburg (707) 433-6652 [www.californiahumandevelopment.org](http://www.californiahumandevelopment.org)

Contact:

- Day Labor Center in Healdsburg

*Healdsburg Police*

238 Center St. Healdsburg (707) 431-3377 [www.ci.healdsburg.ca.us](http://www.ci.healdsburg.ca.us)

Contact: Matt Jenkins

- Offers free bike helmets to those in need
- Distributes gift certificates from McDonalds, Subway, & public transit when donated

*Healdsburg Fire*

601 Healdsburg Ave. Healdsburg (707) 431-3360 [www.ci.healdsburg.ca.us](http://www.ci.healdsburg.ca.us)

Contact: Jason Boaz

- Smoke Detector Program – will check and install free smoke detectors
- Hosts & teaches CPR & First Aid Classes
- Hosts blood drives
- Hosts winter coat & toy drive
- Provides heating and cooling shelters when needed
- Offers free blood pressure testing

8511 Highway 128 Healdsburg (707) 433-1375 [www.alexandervalleyusd.org](http://www.alexandervalleyusd.org)

Contact: Superintendent/Principal – Matt Reno

- NSLP (National School Lunch Program)
- Garden Program
- Promotes Alliance Medical
- Free counseling
- 50% off childcare for low income families
- ELAC (English Learner Advisor Committee)
- School Nurse (Vision and Hearing Screening)
- Promotes Lion's Club free glasses when needed

CTE (Career Technical Education Foundation of Sonoma County)

1030 Apollo Way Santa Rosa (707) 708-7080 [www.ctesonomacounty.org](http://www.ctesonomacounty.org)

Contact: Musetta Perezarce

- Provides a "Health Careers Academy" class at Healdsburg High School

Healdsburg Unified School District

401 1<sup>st</sup> Street Healdsburg (707) 431-3440 [www.healdsburgusd-ca.schoolloop.com](http://www.healdsburgusd-ca.schoolloop.com)

Contact: Superintendent – Chris Vanden Heuvel

- NSLP (National School Lunch Program)
- Garden Program
- Promotes Alliance Medical
- Health Action Club @ high school
- ELAC (English Learner Advisor Committee)
- Nutrition Enrichment
- Morning Grumble (free nutritious breakfast)
- State funded preschool for low income families (20 seats open for 2016-2017 school year)
- District Nurse
- Peer Counseling (Buddy Program, Mental Health Awareness Week)
- District Phycologist (counselors on each campus)
- Low cost physicals for athletes
- AVID (Advancement Via Individual Determination)
- PSST (Project Success Student Team)
- Free Afterschool Tutoring
- Upward Bound (college preparatory for low income families)
- Ten Thousand Degrees (college preparatory for low income families)
- Health Careers Academy

Nuevos Horizontes, Alexander Valley School ESL

8511 Highway 128 Healdsburg [www.alexandervalleyusd.org](http://www.alexandervalleyusd.org)

Contact: Program Director, Lynn Horowitz, (510) 915-2424

- Adult English Classes (childcare provided)
- Computer and Life Skill Classes (childcare provided)
- July Summer School for children of English Learners, Pre-K- 5<sup>th</sup> grade

Westside Union School District

1201 Felta Rd. Healdsburg (707) 433-3923 [www.westsideusd.org](http://www.westsideusd.org)

Contact: Superintendent/Principal - Rhonda Bellmer

- NSLP (National School Lunch Program)
- Garden Program
- Promotes Alliance Medical
- Free childcare for low income families
- ELAC (English Learner Advisor Committee)
- School Nurse (Vision and Hearing Screening)

Good Shepard Lutheran Church

1402 University St. Healdsburg (707) 433-3835 [www.mygslc.com](http://www.mygslc.com)

Contact: Pastor Mark Airey

- Participants in Sunday Free Meal Program through Healdsburg Shared Ministries
- Turkey Drive (November)
- Toy Drive, Coat Drive, Gift Baskets, Blessing Bags to Homeless (December)

*Healdsburg Community Church*

1100 University Ave. Healdsburg (707) 433-8886 [www.healdsburgcommunitychurch.com](http://www.healdsburgcommunitychurch.com)

Contacts: Co-Pastors Dean and Andrea Kladder

- Vacation Bible School (free to all children)
- Participants in Sunday Free Meal Program though Healdsburg Shared Ministries

*St John the Baptist Catholic Church*

208 Matheson St. Healdsburg (707) 433-5536 [www.stjohnshealdsburg.org](http://www.stjohnshealdsburg.org)

Contact: Rev. Sean Rogers

- Food Distribution
- Participants in Sunday Free Meal Program through Healdsburg Shared Ministries
- Vincent de Paul Society – helps with assistance for food, rent, utilities, clothing, furniture, medical, dental, and transportation. Chair: Pat Flanagan (707) 433-5536
- Shower Ministry

*St. Paul's Episcopal Church*

209 Matheson St. Healdsburg (707) 433-2107 [www.stpauls-healdsburg.org](http://www.stpauls-healdsburg.org)

Contact: Rev. Sally Hubbell

- Host and participant of Sunday Free Meal Program though Healdsburg Shared Ministries, Sundays 4pm
- Host of Emergency Overnight Shelter
- Shower Ministry

*Trinity Baptist Church*

515 Powell Ave. Healdsburg (707) 433-4364 [www.tbchealdsburg.org](http://www.tbchealdsburg.org)

Contact: Pastor Brian Chandler

- Vacation Bible School (Free to all children)
- Food Distribution (Fridays & Saturdays)
- Participant in Sunday Free Meal Program through Healdsburg Shared Ministries

*Alexander Valley Healthcare*

6 Tarman Dr. Cloverdale (707) 894-4229 [www.alexandervalleyhealthcare.org](http://www.alexandervalleyhealthcare.org)

Contact: CEO Deborah Howell

- Prenatal Care
- Senior Care
- Mental Health Services
- Behavioral Health Services
- Urgent Care
- Office Surgeries
- Dental Services
- Health Education
- Preventative Care

#### *Alliance Medical*

1381 University Ave. Healdsburg [www.alliancemed.org](http://www.alliancemed.org)

Medical: (707) 433-5494

Dental: (707) 433-8161

Contact: Project Director- Alan Finnie

- Offers high quality healthcare and dental care
- Healthy Educator
- My Body is Healthy
- WIC – Supplemental Nutrition Program
- Pharmacy (Sliding scale)
- Enrollment Counselors
- Teen Health Center
- Produce for Health – Redwood Empire Food Bank
- Kids Eat Free Summer Lunch Program – Redwood Empire Food Bank

#### *Healdsburg Hospital*

1375 University Ave. Healdsburg (707) 431-6327

Contact: Dr. Susan Spoelma

- Participates in wellness clinics in the North Sonoma County Healthcare District
- “Know Your Numbers” – A program offered in both English and Spanish that offers free testing for a variety of issues, including blood pressure, cholesterol screening, glucose testing, and measurement of body mass index
- Offers immediate care to the undeserved in the hospital’s emergency department and the Healdsburg Physician Group, along with referrals to partnering medical teams, including Alliance Medical Center, Alexander Valley Healthcare, and Pediatric Dental Initiative
- Offers free mammograms to uninsured or underinsured women
- Offers low cost sport physicals to students within the Healdsburg school district

#### *Lytton Adult Rehabilitation Center (The Salvation Army)*

200 Lytton Springs Rd. Healdsburg (707) 433-3334 [www.salvationarmy.org](http://www.salvationarmy.org)

Contact: Jon George

- Free residential program for alcohol and drug recovery for men over 21

#### *PDI Surgery Center*

1380 19<sup>th</sup> Hole Dr. Windsor (707) 838-6560 [www.pdisurgerycenter.org](http://www.pdisurgerycenter.org)

Contact: CEO Viveka Rydell

- Provides critical dental surgery for undeserved families



- Serves 200 plus children yearly
- Educates with mascots Snappy Chompers & Aguita (Be a champion, drink water, not soda!)
- Education and counseling for all families treated
- Healthy Teeth Kit
- Staff attends health and community fairs, shelters, & schools to perform screening and to educate families about the importance of good dental hygiene practices

*St Joseph Mobile Health Clinic*

209 Matheson Healdsburg (707) 547-4612 [www.stjh.org](http://www.stjh.org)

Contact: Jackie Williams

- Once a month on Thursdays 10am-12pm
- Evaluate and treat minor medical conditions
- Health screening
- Flu & Tetanus vaccines
- Referrals to local agencies

*Corazon*

109A Plaza St. Healdsburg (707) 433-5282

Contact: Ari Rosen

- Supports Spanish speaking residents in housing and immigration

*Healdsburg Education Foundation*

P.O. Box 1668 Healdsburg (707) 433-1223 [www.healdsburgeducationfoundation.com](http://www.healdsburgeducationfoundation.com)

Contact: Brandy Seppi

HEF funds these programs through the Healdsburg Unified School District:

- K-12 Art and Enrichment Classes
- Technology
- Career Prep and Readiness
- Accelerated English
- The Pastios Program

*Healdsburg Forever*

(707)303-9620 [www.sonomacf.org](http://www.sonomacf.org)

- Community endowment created by local citizens that provide annual grants for local non-profits serving communities in Healdsburg and Geyserville
- In 2015 Healdsburg Forever donated over \$100,000 to fourteen non-profits organizations

*Council on Aging Senior Center*

30 Kawana Springs Rd. Santa Rosa (707) 525-0143 [www.councilonaging.com](http://www.councilonaging.com)

- Meals on Wheels in Healdsburg

- Senior Lunches (Healdsburg Senior Center, 133 Matheson St. M-F, St. Paul's Church, 209 Matheson St. M, T, W)

#### *Farm to Pantry*

Contact: Melita Love [gleaning@farmtopantry.org](mailto:gleaning@farmtopantry.org)

- Volunteers glean from local farms and donate fresh nutritious produce to local Healdsburg charities

#### *Healdsburg Shared Ministries*

1505 Healdsburg Ave. Healdsburg (707) 433-3663 [www.healdsburgfoodpantry.org](http://www.healdsburgfoodpantry.org)

Contact: Jennifer Velasquez

- Food Distribution at the Healdsburg Food Pantry: Tuesdays 3pm-4:30pm, Wednesdays 3pm- 4:30pm, Fridays 3pm-4:30pm
- Sunday Free Meal Program – St. Paul's Church 4pm (serves 30-60 people weekly)
- Pastor's Prayer Luncheon
- Christmas Basket Distribution
- Thanksgiving Turkey Drive
- Distributes free bus passes/subway gift certificates through Healdsburg police

#### *Northern Sonoma County Services*

443 Hudson St. Healdsburg (707) 433-6161 [www.northernsonomacountyservices.com](http://www.northernsonomacountyservices.com)

Contact: Executive Director – Colleen Householder

- Manages transitional housing units and the only overnight emergency shelter for the homeless in Healdsburg
- Provides shower services at St. Paul's Episcopal Church
- Offers counseling helping homeless rebuild their lives and become integrated and contributing members of the Healdsburg community
- Partners with SAY (Social Advocates for Youth) – focus on homeless teens

#### *Kiwanis Club*

Contact: President Susan Sheehy (707) 326-2712 [www.healdsburgkiwanis.org](http://www.healdsburgkiwanis.org)

- Healdsburg Present Project (December)

- Scholarships for high school seniors

*Rotary (Noon Club Rotary and Sunrise Rotary)*

*Contacts: Sunrise President – Bradley Benson, Noon Club Rotary President – Lynda Guthrie*

[www.rotaryclubofhealdsburgsunrise.org](http://www.rotaryclubofhealdsburgsunrise.org) [www.healdsburgrotary.org](http://www.healdsburgrotary.org)

- Choices Program – councils 7<sup>th</sup> & 8<sup>th</sup> grade students to stay in school
- Scholarships for high school seniors
- Corporate sponsor for Secret Santa Sonoma County

*Boys and Girls Club of Healdsburg*

*555 Piper St. Healdsburg (707) 528-7977 [www.bgccsc.org](http://www.bgccsc.org)*

*Contact: Michelle Edwards*

- Afterschool Program 1<sup>st</sup>-12<sup>th</sup> grades M-F – 3pm-6pm (\$10 per child per year)
- Summer Camp 1<sup>st</sup> – 12<sup>th</sup> graders 11 hours per day (\$50 per child per summer)
- Food Provider – Breakfast/Lunch (summer) Supper Program (school year)
- Serves 569 kids in Healdsburg this year
- Served 51,180 meals to low income Healdsburg kids during the 2015-2016 school year

*Community Action Partnership Sonoma County*

Main office: 141 Stony Circle Suite 210 Santa Rosa (707) 544-6911 [www.capsonoma.org](http://www.capsonoma.org)

- Youth Connection (A High School Diploma, Workforce Development, and College & Career Mentoring program designed to support socioeconomically disadvantaged 16-24 year olds)

*Healdsburg 4-H, Lytton Springs 4-H, Alexander Valley 4-H, Warm Springs 4-H, Gateway 4-H*

*Locations vary (707) 565-2621*

*Contact: Judy Ludovise*

- Salvation Army Belling ringing
- Redwood Empire Food Bank – collection and donation of food
- Alliance – collection and donation of food
- Raises vegetables for local food pantry
- Healthy Lunches Program – provides lunches to undeserved families during school holidays.
- Volunteer at Healdsburg Senior Center
- Volunteer at Humane Society Santa Rosa & Lake County Animal Shelter

*Sonoma County Free Bookmobile*

211 E Street Santa Rosa (707) 703-1834 [www.freebookmobile.org](http://www.freebookmobile.org)

*Contact: Glen Weaver*

- Promotes literacy and love of reading by giving away high quality books to access challenged people in Healdsburg
- Locations and times vary throughout the year. Schedule is posted on website